



MIRANDA HOUSE

UNIVERSITY OF DELHI

Department of Physical Education and Sports



Organising

**A CERTIFICATE COURSE
IN
FOUNDATION OF YOGASANA**



Duration of Course:	Four Weeks
Credit Hours:	36 Hours
Classes:	Monday to Saturday
Time:	7 am to 8:30 am
Course Begins:	2nd September, 2019
Registration starts :	26th August, 2019



FOR REGISTRATION AND ENQUIRES CONTACT:

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

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[Brochure](#)