



MIRANDA HOUSE

UNIVERSITY OF DELHI
DEPARTMENT OF PHYSICAL EDUCATION

AND SPORTS



PRESENTS

CERTIFICATE COURSE IN



FOUNDATION OF YOG

From 3rd September, 2024

Duration of Course - Four Weeks
Time - 7:00 - 8:30 a.m.
Classes - Monday - Saturday

OFFLINE REGISTRATION ON FIRST COME FIRST SERVE BASIS ONLY

Registration Begins: 21st August,2024 Last Date For Registration: 30 August, 2024

Prof.(Dr.)Bijayalaxmi Nanda [Principal]
Dr. Amita Rana [Teacher -Incharge]
Dr. Neeru Yadav [Assistant Professor]

For any queries contact

Lucky Shekhawat: +91 63770 15123 (President- Sports Union)