



**W.U.S. HEALTH CENTRE  
UNIVERSITY OF DELHI  
DELHI – 110007**

Ph. 27666257

27667908

**ADVISORY FOR STUDENTS STAYING IN HOSTEL PREMISES TO COMBAT  
COVID-19**

Respected Madams/sirs,

Keeping in view the surge in number of cases of COVID-19 it is requested that following facilities may be made available at your esteemed Hostel/College complex:

1. Kindly, arrange to disseminate the information that **RT PCR COVID-19 testing facility centre has been established at Vallabhshai Patel Chest Institute (VPCI)** for which any student suffering anyone of the following symptoms should report to the registration counter of VPCI along with **AADHAR Card and cell number** on any working day between **9.00 am to 11.00 am**.
  - Running of nose
  - Cough
  - Fever
  - Sore throat
  - Pneumonia
  - Bronchitis
  - Body ache
  - Diarrhoea
2. Kindly, arrange to establish **Emergency Medical Room** in your esteemed Hostel/College complex premises where the students suffering from COVID-19 symptoms may be kept **for observation and first aid treatment**.
3. **Kindly, arrange to establish Isolation centre** of few rooms with **separate dining and separate toilet facility**.
4. Kindly, arrange to have minimum **10 Pulse Oximeter, Digital Blood Pressure measuring apparatus (preferably Omron), at least 5 Oxygen Concentrator** so that in case of mild to moderate respiratory distress the problem could be resolved at the level of Hostel/College itself.
5. Kindly, arrange to purchase the following medicines **to be kept in your emergency medical room and to be given as prescribed by the doctor** :

<b>Tablet Pantoprazole 40 mg</b>	to be advised empty stomach in the Morning in case of acidity
<b>Tablet Paracetamol 650 mg</b>	to be advised in fever as and when required (SOS) (with a gap of 4 to 5 hours).
<b>Tablet Azee 250 mg</b>	to be advised after food in Morning and Evening time for 5 days.
<b>Capsule Doxycycline 100 mg</b>	to be advised after food in Morning and Evening time for 5 days.
<b>Tablet Ivermectin 12 mg</b>	to be advised before meals for 4 days.
<b>Tablet Limcee 500 mg</b>	to be advised Morning and Evening (to be chewed).
<b>Calcirol Sachets 60,000 IU/gm</b>	to be advised weekly for 6 to 8 weeks.
<b>Capsule Zincovit</b>	to be advised one capsule per day after meals.



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6. Kindly, arrange to disseminate the information to the students that **vaccination centre have been established at W.U.S. Health Centre (North Campus & South Campus) and Shivaji College, West Health Centre** and this information has been uploaded on [www.du.ac.in](http://www.du.ac.in).
7. **The students to be advised to take 3 litres of warm water in sips orally, plenty of citrus fruits and steam inhalation through nose and mouth.**
8. Should there be any medical emergency please consult W.U.S. Health Centre doctors :

<b>Name of the Doctor/Specialist</b>	<b>Designation</b>	<b>Mobile Number</b>
<b>Dr. Sunil</b>	Chief Medical Officer	8527220582
<b>Dr. (Mrs.) S. Jaiswal</b>	Senior Medical Officer	9873157303
<b>Dr. J.K. Siddhartha</b>	Senior Medical Officer	9868846104
<b>Dr. (Mrs.) Neelu Madam</b>	Senior Medical Officer	9810928378
<b>Dr. S.S. Dugtal</b>	Senior Medical Officer	9810802184
<b>Dr. (Mrs.) Rinku Mathur</b>	Senior Medical Officer	9810478374
<b>Dr. Trivendra Chumbak</b>	Senior Medical Officer	9953464692
<b>Dr. Ritu Tanwar</b>	Senior Medical Officer	9868038208
<b>Dr. V.P. Garg</b>	Medical Consultant	9891659330
<b>Dr. Y.P. Singh</b>	Medical Officer	9899658569
<b>Dr. (Mrs.) Neena Paul</b>	Part-time Medical Officer	9999473251
<b>Dr. M.K. Grover</b>	Part-time Medical Officer	9810884590
<b>Dr. K.S. Anand</b>	Neurologist	9810495019
<b>Dr. Dinesh Kumar Gupta</b>	Cardiologist	9811117820
<b>Dr. Anupam Goel</b>	Cardiologist (SDC)	9818996916
<b>Dr. R.K. Gupta</b>	Orthopaedician	9810079933
<b>Dr. Tarun Kapur</b>	Ophthalmologist	9810125699
<b>Dr. (Cap.) N.K. Pahwa</b>	Dental Surgeon	9811122367

Thanking you,

With Regards,

Sd/-

**Dr. Sunil Thakur**  
Chief Medical officer  
W.U.S. Health Centre

Sd/

**Dr. S. Jaiswal**  
Nodal Officer  
COVID-19 Vaccination Centre